

# 2025 Acute Care Nursing Conference

Informative, Innovative, Impactful

**Thursday September 25, 2025**  
7:30am - 4:30pm

**Register At**  
[hoag.cloud-cme.com/acute](https://hoag.cloud-cme.com/acute)

**In-Person Conference**  
Concordia Spectrum Campus  
16355 Laguna Canyon Road  
Irvine, CA 92618

**Contact Hours**  
7



Provider approved by the California Board of Registered Nursing, Provider Number 17163, for 7 contact hours.

**hoag**



## Conference

# Overview

This accredited nursing conference is designed to provide registered nurses with current healthcare trends in patient care as well as innovative and informative updates specific to nursing care in the hospital setting. During this one-day in-person conference, attendees will benefit from an intimate learning environment in which Hoag faculty and guest speakers will present the latest in patient care and provide practical strategies and tools to improve nursing practice and patient outcomes.



## Venue

This one-day in-person conference will be hosted at

**Concordia Spectrum Campus**  
**16355 Laguna Canyon Road**  
**Irvine, CA 92618**

The Concordia Spectrum Campus is a short walk from Hoag's Irvine Campus.

## CEU Accreditation

This conference has been approved by the California Board of Registered Nursing, with provider number 17163, for a total of 7 Contact Hours of continuing education credit for registered nurses.



## Program

# Objectives

Describe the basic pathology causing dementia and how this effects behavior and cognition in the acute setting.

**Presented by Aaron Ritter, MD**

Able to recognize acute post-surgical needs for patients who underwent a Whipple or liver resection.

**Presented by Jared Forrester, MD**

Differentiate research, evidence translation, and quality improvement activities.

**Presented by Ahlam Jadalla, PhD, RN, EBP-C, WAN, FAAN**

Discuss the role of the Crisis Response Team

**Presented by Mathew Reed, MD, MSPH**

Discuss key components of a complete and accurate nursing note and identify ways in which nurses can document defensively.

**Presented by Jeanne R. Barber, BSN, RN, CRN, CPHRM & Tracy Rothrock, RN, BSN, PHN**

Explain rationale for choice of medication when treating alcohol withdrawal.

**Presented by Steven R. Ey, MD, DFASAM**

Learn tangible mindfulness and meditation practices that can help them manage work related stress and anxiety to enhance patient centered care.

**Presented by Anusha Wijeyakumar MA, CPC, E-RYT**



Program

# Presenters



**Jeanne R. Barber, BSN, RN, CRN, CPHRM**  
Program Manager  
Hoag Risk Management Services

**Steven R. Ey, MD, DFASAM**

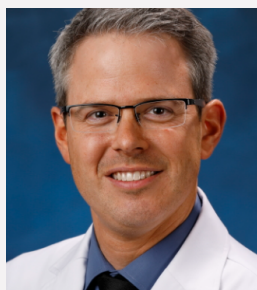
Chief of Service  
Hoag Addiction Treatment Centers



**Jared Forrester, MD**  
Hepatobiliary & Pancreas Surgeon  
Hoag Family Cancer Institute

**Ahlam Jadalla, PhD, RN, EBP-C, WAN,  
FAAN**

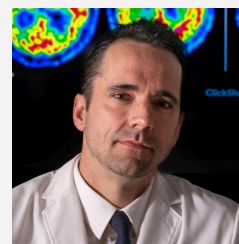
Hoag Nurse Scientist



**Mathew Reed, MD, MSPH**  
Chief of Service  
Hoag Inpatient Pain and Outpatient Addiction  
Medical Director of the Hoag SolMar Residential Program

**Aaron Ritter, MD**

Program Director, Memory and Cognitive Disorders  
Hoag Pickup Family Neurosciences Institute



**Tracy Rothrock, RN, BSN, PHN**  
Program Manager  
Hoag Risk Management Services



# Keynote Speaker



## **Anusha Wijeyakumar MA, CPC, E-RYT**

### **HOAG WELLNESS CONSULTANT**

Anusha is the Wellness Consultant for Hoag Hospital, one of the top-rated hospitals in the USA where she leads on integrative medicine and implementing mindfulness and meditation practices for maternal mental health programs, early risk assessment for breast & ovarian cancer prevention programs, breast cancer survivorship programs and behavioral sleep medicine. Anusha is very passionate about her work in STEM and is one of the first people to create a meditation program to be used in clinical breast cancer research at Hoag Hospital.

Anusha is also an Adjunct Professor and Inclusive Excellence Faculty Fellow at San Diego State University, where she teaches on the intersection of wellness, politics, and social justice. Anusha is the recipient of the 2024 Darlene Shiley Honors Faculty Fellowship Award which recognizes her outstanding teaching at the Weber Honors College at SDSU.

Anusha is an official SXSW 2024 and 2025 speaker and sought-after motivational speaker around the world on the science of mindfulness and meditation and the intersection of wellness and social justice. Intersectionality and addressing health and gender inequities is at the heart of all that Anusha is involved with. Anusha is on the Medical Advisory Board of the national nonprofit Living Beyond Breast Cancer and an Ambassador with the Food + Wellness Equity Collective. Anusha's first book *Meditation with Intention: Quick & Easy Ways to Create Lasting Peace* was released in January 2021 by [Llewellyn Worldwide](#).

## Conference

# Agenda

- 8:00 – 9:00am     **5 Important Things to Know About Treating Patients With Dementia in the Acute Setting**  
Aaron Ritter, MD
- 9:00 – 10:00am     **Acute Post Surgical Nursing for Liver and Pancreas Patients**  
Jared Forrester, MD
- 10:20 – 11:20am     **From inception to dissemination: The similarities and differences between research, evidence translation, and quality improvement activities.**  
Ahlam Jadalla, PhD, RN, EBP-C, WAN, FAAN
- 11:20 – 12:20pm     **Lunch and Exhibits**  
Lunch will be provided to all registrants
- 12:20 – 1:20pm     **Hoag's Crisis Response Team**  
Mathew Reed, MD, MSPH
- 1:20 – 2:20pm     **Defensive Documentation**  
Jeanne R. Barber, BSN, RN, CRN, CPHRM  
Tracy Rothrock, RN, BSN, PHN
- 2:30 – 3:30pm     **Treatment of Alcohol Withdrawal: Protocols and Pearls**  
Steven R. Ey, MD, DFASAM
- 3:30 – 4:30pm     **Keynote**  
**Mindfulness and Nurse Wellbeing to Enhance Patient Care**  
Anusha Wijeyakumar MA, CPC, E-RYT



# Registration *Information*

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## **REGISTRATION**

Register online at [hoag.cloud-cme.com/acute](https://hoag.cloud-cme.com/acute). Registration includes light breakfast, lunch, and refreshments.

- RNs and Students – \$80
- Hoag RNs – Complementary with Discount Code provided by Nursing Education. Hoag staff **MUST** use their Hoag credential sign-in information to register.

## **HOST**

Please contact Nursing Education for all general questions regarding this conference by email: [Nursing.Education@hoag.org](mailto:Nursing.Education@hoag.org)

## **WHO SHOULD ATTEND**

This conference is intended for Registered Nurses with an interest in recent advances in the care of acute patients. Students enrolled in a registered nursing program who have interest in acute care are invited to attend this program.

## **CANCELLATIONS**

3% administrative fee will apply to all cancellations. Written cancellations will be accepted until September 17, 2025. No refunds will be given for cancellations received after September 17, 2025. Refunds will not be honored for no-shows.

## **FAMILY/GUEST ATTENDANCE POLICY**

All conference activities are exclusively reserved for registered conference attendees only.